The Adventures of Captain Germ Fighter.

Helping Us Stay Safe and Healthy.

*Illustrated by Michael Hovanec – Autism Self Advocate

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A germ is a tiny organism that we cannot see with our eyes.
Doctors use Microscopes to look at germs. That is why a germ is considered a microscopic organism.
There are many different types of germs. A few examples of a virus is a cold, the flu, or Coronavirus (Covid-19). A few examples of bacteria are strep throat or food poisoning.

*Draw your own germ above.
Germs live on everything around us. Toys, doors, clothes, games and shopping carts are a few areas where a germ can live.
That is why we must be careful about what we touch.
Can you think of any places in your home where a germ can live?
To prevent us from catching viruses, we must do a few things.

1.) Wash our hands with soap after playing.
2.) Always wash our hands with soap before we eat.
3.) Do not touch our face or pick our nose.
4.) Stay at home if you are sick.
5.) Stay away from other people that may be sick. Stay at least 6 feet apart.
6.) Sometimes we may have to wear a mask.
7.) And, MOST IMPORTANTLY, ALWAYS WASH OUR HANDS WITH SOAP AFTER GOING TO THE BATHROOM!
We must wash our hands for at least 20 seconds.

(Sing this song to the tune of Frere Jacques)
Tops and Bottoms,
Tops and Bottoms,
In between,
In between,
Rub them both together,
Rub them both together,
Now they’re clean
Squeaky clean
Be like Captain Germ Fighter
and keep your germs to yourself!
We will all be winners when we stay safe and healthy.
Stay Healthy

M Q X H S M Z E D O T W D G B
G L H E O B D Q F Z N K M J M
L T Y A A I V I R U S I R T I
C O C L P J Y P C L E A N O C
G P S T P W B O T T O M S G R
P S S H U A F H G F D J R E O
L V U Y C S I A P A J E T T S
A R S P U H D N A C W U T H C
Y U I D J H T Q B E Z E P E O
A B C S S A M X O E O L R R P
J X K D M N C V V J T B A S I
T W V U B D M B H Z X W R J C
W N Z T Y S I B N J O E E N U
G S Q U E A K Y F L X E K E K
C Z E T O Y S R M A Y Y N B N

Microscopic  Wash hands  In Between  Together
Healthy      Bottoms    Virus     Soap
Squeaky      Play       Clean     Toys
Tops         Face       Sick      Rub
Stay Healthy

MHQSMZEDOTWDGB
GLHEOBDOFZNKJM
LTYYAAIVIRUS
CTOCOLPYPICO
GPSTPWBOTTMGR
PSSHUAFHGFDR
LVUYCSIALPAJETT
ARSPUHDNACWUTHC
YUIDJHTQBEZ
EO
ABCSSAMXOEOULRP
JXKDMNCVJJTBASI
TWVUBDMBHZXWRJC
WNZTYSBNJEOENU
GSQUEAKYFLXEKEK
CZETOYSRMAYYNBN

Microscopic    Wash hands    In Between    Together
Healthy        bottoms      virus        soap
Squeaky        play         clean        toys
Tops           face         sick         rub
Use the Page to draw a picture of your bedroom in your house and label places in it where a virus can live.